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Decorate your room for just £128 with Bandon Co-Op

Offer includes:

- FREE measuring and quote from our staff
- Carpet 13ft x 12ft €95
- Ceiling Paint 5 Ltr......€11.99
- Johnstone Colour Paint 2.5Ltr.....€21.50

Fall in love with your home agains

BANDON CO-OP RETAIL CENTRE KINSALE









Perryville Café in the middle of the shop

LONG QUAY, KINSALE

A small intimate café where you can meet friends for great coffee and cake or enjoy a delicious light café style lunch.

Open Wednesday - Saturday 9am-4pm

www.perryvillehouse.com

KINSALE WWI REMEMBRANCE SERVICES

11 /11/14 - 11:00am Kinsale WWI Memorial Worlds End Kinsale

For the Families of Kinsale & District



All are welcome to come and remember those who gave their lives and in whose memory this memorial was erected by the people of Kinsale.

A roll call of the deceased will be read out after the laying of the wreaths. If you cannot attend and wish for your relatives names to be read please contact: 087 206 5380 or 087 9823143.







FANCY DRESS OPTIONAL

PRIZE FOR BEST DRESSED: 2 NIGHTS B&B IN HOTEL IN KILLARNEY HALLOWE'EN COCKTAILS & SPECIALS FREE ADMISSION

TONIGHT FRI 31st OCT from 9.30pm

For more details please contact info@hamletsofkinsale.com or 021-4772209

www.hamletsofkinsale.com| The Glen, Kinsale, Co Cork



























CHECK OUT OUR... WORLD BEERS MENU

Unrivalled selection inc: Fuller's Honey Dew Lager, O'Hara's IPA, Old Speckled Hen, Hobgoblin Ale, London's Pride Ale. NEW ON TAP: Proper Job IPA, Tribute, O'Hara's Red Ale, Stowford Press Westons Cider, Metal Man Cask Ale, 8° Howling Gale, Abbot Ale, Bru Rua, Kinsale Lager.

Music Venue Guardwell, Kinsale T: 021 4772382

www.folkhousevenue.com

..ALSO UNRIVALED WHISKEY SELECTION!

OVER 80 TO CHOOSE FROM! IRISH WHISKEY TASTINGS AVAILABLE

FRI 31st OCT

HALLOWE'EN PARTY with KING K

Member of the Ireland **Nhiskey Trail**



SAT 1ST NOV

9.00pm

ERMELONS

4 Piece Rock & Contemporar

SUN 2nd NOV

FRI 7th NOV 10.30pm

SAT 8th NOV 10.00pm

5 Piece Rockin' Covers

ER HOURS

BAREFOOT GYPSIES

NEW GIN MENU AVAILABLE Over 40 to choose from!

ALL PARTIES ALL OCCASIONS CATERING FROM 3 TO 300

ALL SPORTS SHOWN ON 2 BIG SCREENS

FRI 31st OCT - DJ MARK

All the Old & New Classics. Doors 11:30pm - Free b4 12:00am

SAT 1st NOV - DJ SEAN

90s Club Classics & Chart. Doors 11:30pm - Free b4 12:00am

FRI 7th NOV - DJ MARK

All the Old & New Classics. Doors 11:30pm - Free b4 12:00am

Actons of Kinsale





Serving food daily from 12.00pm

Brasserie is now available
for private hire for Christmas Party Nights
or Office Christmas Lunches.

Sky Sports and BT Sports now available for all your sporting needs.

Eat, drink and be scary this Hallowe'en!

ART AND CRAFT CHRISTMAS FAIR
Sunday 9th November 11am - 6pm
The Best Christmas Art & Craft Fair EVER!

For enquiries or bookings call 021 477 9900 info@actonshotelkinsale.com www.actonshotelkinsale.com







Saturday November 8th 2014

from 11am - 3pm

An open invitation to the Community of Kinsale to visit & view our new school building.

Enquiries: 021-4774040 | Email. info@scoilnaomheltin.ie

www.scoilnaomheltin.ie





For Special Occasions Celebrate with us...

From intimate family occasions to grand celebrations, the Trident Hotel offers a stunning location, personalised service and sumptuous seasonal menus to ensure your event is one to remember.

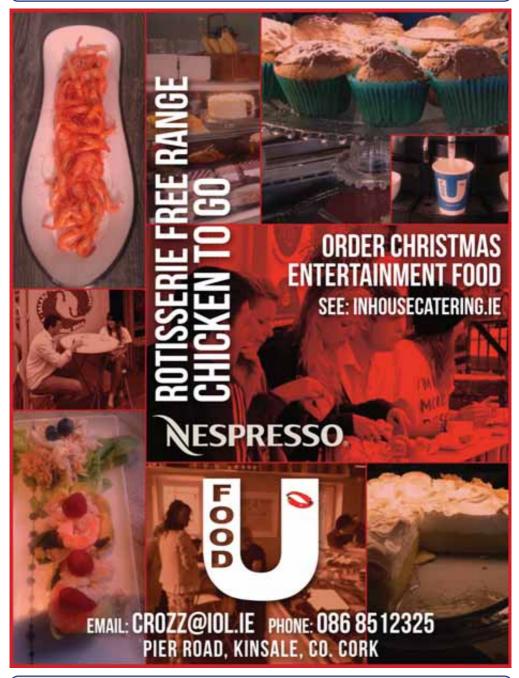


Tel: 021 477 9300 Email: info@tridenthotel.com Website: www.tridenthotel.com















ANTI-BULLYING TALK

TO PROVIDE THE TOOLS TO DEAL EFFECTIVELY WITH THE PROBLEM OF BULLYING.

Did you know that 1 in 4 suicides are linked to Bullying?



STAY STRONG & STOP BULLYING

Join Us November 5th - Free talk!

"Bullying occurs among school children as young as six years old"

- Kinsale Youth Support Services (KYSS) are organising a free talk to parents, teachers, youth facilitators and concerned persons in relation to coping with bullying.
- The aim of the talk is to equip any adult, who
 deals with young people on a regular basis, with a
 toolbox of strategies and techniques on how to
 address the problem of Bullying.

Who is giving the Talk?

Seán Fallon

is the foremost expert on Anti-bullying and is also an ex-teacher who has devised an effective Anti-Bullying Campaign over the last 10 years: www.antibullyingcampaign.ie

When?

Wednesday 5th November @ 7:30pm

Where?

Carlton Hotel, Kinsale, Cork

www.kyss.ie



Kinsale Advertiser 021 477 4313

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Email: info@kinsaleadvertiser.com

Elite Pilates

NEW NOVEMBER COURSES

BEGINNER BEGINNER MAT, Monday 7pm MUMS & BUBS POSTNATAL, Wednesday 11am ANTENATAL PILATES, Thursday 7pm



PHONE 087 6106 285 TO BOOK YOUR PLACE www.elitepilates.ie

ALL CLASSES ARE NOW IN OUR 'NEW' STUDIO,
UNIT 1 KINSALE COMMERCIAL PARK (BESIDE ST MULTOSE SCHOOL)

30 Day Christmas Challenge



Lose Weight

Fat Burning Class (20min)

Weekly Weigh in

Highly Successful Food Plan

Detox

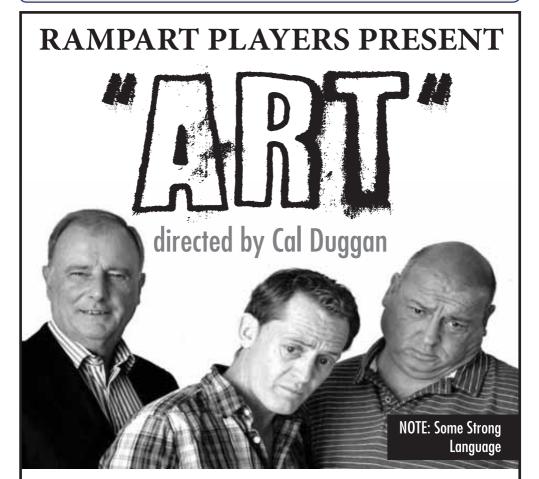
Booking is Essential:

Fiona 087 9228600

www.healthyfiona.net

Starts Monday Nov 3rd 10:30am | 1:00pm | 7:30pm

@ Unit 1, Kinsale Commercial Park (next to St. Multose School)



TUE 4 TO SAT 8 NOVEMBER 8PM ACTON'S HOTEL

2 FOR THE PRICE OF 1
ON OPENING NIGHT

Tickets: €10 Boathouse Gallery, Main Street Tel: 021 4709981

Kinsale Quarter, The Glen, Kinsale

Phone: 021 4772843 021 4773137 Fax

Email: kinsale@supervalu.ie Online: shop.supervalu.ie

Trading Hours:

Mon - Sat: 8am - 9pm Sunday: 9am - 9pm

Smith's of Kinsale Real Food, Real People



€4 Each SuperValu Fresh Irish Round Steak Mince 454g - €8.81/kg



SuperValu Fresh Irish Basted Pork Chops 550g - €7.27/kg



Offers in this advert valid from Thursday 30th October - Wednesday 5th November 2014 unless otherwise stated, while stocks last. Private correct at time of going to print. Office available to participating stores only, while stocks last. Customer spartas may apply



Pearse Street, Kinsale (above Eurospar)

KINSALE/SALON

MASSAGE • BEAUTY • HAIR & NAIL

BY ANIKA & SANDRA

Gift Vouchers available • Salon open Monday to Saturday

Check out our price list on www.kinsalebeautysalon.com
Phone us on 087 783 9626 to book an appointment.

ALL TYPES OF NAILS

GEL/ACRYLIC • 2 WEEK GEL • NAIL ART • PEDICURES • MANICURES

AUTUMN SPECIAL OFFER

Back Massage (30 minutes) ______ONLY €20

Multi-Vitamin Full Body Massage Ladies €45 Gents €50 (90 minutes)

Deep Tissue Massage (90 minutes) ____ Ladies €45 Gents €50

Swedish Massage (90 minutes) ____ Ladies €45 Gents €50

Sports Massage (90 minutes) ____ Ladies €45 Gents €50

NOW AVAILABLE - OUR NEW...STATE OF THE ART...
ERGOLINE STAND UP SUN ROOM

Golfers Massage (90 minutes) _____Ladies €45 Gents €50

Achieve that perfect all over tan in a matter of minutes!!!!

NEW TO THE KINSALE SALON The "Revolutionary" IPL+RF

(Intense Pulsed Light and Radio Frequency)

IPL is very effective in Permanent Hair Removal and also for treating broken capillaries (spider veins) and age spots. IPL also stimulates the production of collagen, which plumps up the skin - therefore helping diminish fine lines & wrinkles.



Kinsale Yoga Centre

68 Lower O'Connell St, Kinsale

YOGA - PILATES - CHI KUNG









AUTUMN/WINTER TIMETABLE

MONDAY	Asthanga Flow Yoga Gillian 9:30-10.45em 005.2164184	Gentle Yoga Martina 11am-12pm 087 6166108	Teens Yoga May 5 20-6 20pm 687 7623622	Prenatal Yoga Elleon 6.30-7.45pm 087.2383849	Yoga for Wellbeing Eleon 8-0 15pm 087 2383849
TUESDAY	Hatha Yoga Gillan 9.45-10.45em 685 2164184		Hatha Yoga Flore 5.30-6.30pm 686 6529129	Well Woman Yoga Frons 6.35-7.50pm 986 9529129 (course (65)	Yin Yoga & Restoratives Elisen 8-9 15pm 687 2383849
WEDNESDAY	Hatha Yoga Martina 9.30-10.30am 887 6166109	Beginners & Improvers Yoga Martina 11am-12pm 687 6166109	Wids Story Yogs 8-12ym Mary 3:30-4:30 A 4-65-45pm 087 7423822	Tai Chi/Chi Kung Pam 6.15-7.45pm 687.2132663 (615 drop in, 610 for Swits)	Vinyasa Yoga Gallan 8-8pn 685 2164184
THURSDAY	Yogilates Pilates Elicon 9:30-10:30am 987:238349		Core Building Yoga Fiona 5 30-6 30pm 686 9629129	Vinyasa Flow Yoga Veronique 6.45-7.45pm 687.3934389	Beginners & Improvers Yoga Martina 8-8pm 687 e166109
FRIDAY	Asthanga Flow Yoga Gillan 9.30-10.45am 985 2164184	Hatha Yoga Gentle Stretch Floria 11em-12pm 886 9529129			
SATURDAY	Hatha Yoga Verosique 10-11-15am 987-3934389	Tai Chi/Chi Kung Pan/Simon 11.30an-1pm 987 2132653 (115 drop in, 680 for Sales)			

To book classes please phone or text teachers.

Courses usually 6 weeks, €60 payable in advance & drop-in €12, unless otherwise stated.



Website: www.kinsaleyogacentre.com







Live well, Pay less

Pearse St, Kinsale 021 4777 888



Buy 2

CLARINS







Offer instore til 7th November. Voucher valid til end of December Offer excludes Prescriptions & Medications. *Only 1 Voucher per Gift Set.



Live well, Pay less

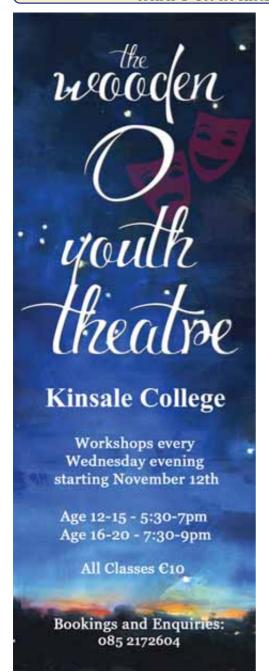
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f



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SAT 1ST NOV 5.15PM: CARDIFF v MUNSTER

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Providing High speed Riverstick
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• Bandon

Kinsale

Belgooly

 Ballinadee Ballinspittle · Old Head

Be Active -Stay Active In Kinsale

Join us for a four week programme on Thursday 6th, 13th, 20th and 27th November from 2.30pm-3.30pm

at Actons Hotel



These functional exercises will....

Enhance activities of daily living Contribute to your overall wellness Improve your quality of life Improve independence and self-esteem Reduce stress levels

Help prevent injury/illness

The programme is being run by Sabine Graef, member of ANMPT

For more information contact Liz at 4709700







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KINSALE GAA

KINSALE GAA RACE NIGHT

in Kitty O Sé's on Saturday 8th November at 8.30pm.

> Kindly sponsored by Kinsale Equestrian Centre.

UNDERAGE AGM

on November 1st at 8pm in the Temperance Hall.

MEETING ABOUT KINSALE GAA CAMOGIE

on November 10th at 7.30pm in the Temperance Hall.

MEN'S AGM

on November 15th at 6.30pm in the Temperance Hall.



ON OYSTERHAVEN BAY® **AUTUMN OPENING HOURS** Saturday & Sunday: 11am - 5pm

We now accept payment by Visa/MasterCard (over €10) Check our seasonal opening hours Walton Court, Oysterhaven Bay







www.WaltonCourt.com www.OysterhavenBay.com









Art Classes with renowned Irish Artist Louise McKeon at her Kinsale Studio.

Love Art but not doing it in school? Doing Art at school but want to improve? **Need help with a Portfolio?**

Also: Leaving Cert Art Grind Programme

Term: Wed 5th Nov & Sat 8th Nov **FOR 6 WEEKS**

Wednesday: 3.30pm - 5.00pm Saturday: 12.30pm - 2.00pm

Call Louise on 087 7718023 Email: louisemckeonartist@gmail.com www.louisemckeonartist.com

Why you should consider The Blind-Maker for your **Plantation Shutters:**



- Our supplier is the largest in Europe, offering 6 different timber options & 119 different colours, so we are able to offer the largest range and the best quality Plantation Shutters on the Irish market.
- Our in-house fitters, Brian & Dave are both excellent carpenters. They have attended Plantation Shutter training courses in both Ireland & the UK & have completed in excess of 1000 plantation shutter projects.
- Due to increased demand worldwide, Plantation Shutters are now as competitively priced as made-to-measure curtains.

Visit our Showrooms @ Southside Industrial Estate, Togher (near EZ Living).

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www.theblindmaker.ie SHOWROOMS OPEN MON - SAT



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WHAT'S ON IN KINSALE & DISTRICT

The Lord k

Barry Tierney and Band

with special guests

George Murphy, Johnny Neville, Josie Harrington Celebrating the release of his album Hotel Alamar Saturday 1st November 8.30pm Free entry / finger food All Welcome





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PELLET STOVE

2000 Ceramic Top

3 - 7kW



Tel: 028 34411 www.woodheat.ie



Friday 31st October 10.30pm

BAREFOOT GYPSIES FANCY DRESS

Saturday 1st November 10.30pm

KING K



www.twitter.com/kinsalenews







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Oysterhaven, Kinsale, Co. Cork **CHARTERED ACCOUNTANTS**

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Full carbon monoxide & combustion monitoring using latest digital analyser John McCarthy (Kinsale): 087 2377667

NEW SHOWROOM: The Bypass Business Pk, Bandon

> Shop Number **023 8888 015** Ciarán Collins 087 1166 699 Patrick Quinn

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WHAT'S ON IN KINSALE & DISTRICT

NEW TYRE CENTRE AT DAN DEMPSEY'S

Eastern Road, Kinsale



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In most cases Kinsale has the edge on price whether top brands or budget brands and we have now added German Part Worn Tyres to cater for all pockets. We look forward to serving you in the future.

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- Embroidery: Baby Names on clothes, blankets, etc.
- Foam Mattresses
- Quality Foam Cushions
- Window Seat Foam
- Head Board, etc.

Phone: 087 795 4736



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WHAT'S ON IN KINSALE & DISTRICT

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Temperance Hall, Kinsale



Meet, chat & have a cuppa with other Parents while you watch your child play & interact.

Make friends for life.

Next chat & play dates:

Tuesday 4th November Tuesday 18th November

10am to 12noon For info please call Mary @ 085 745 9011 Come along!



FREE ECCE PRESCHOOL YEAR
3hr sessions. BOOK NOW - NO ADDITIONAL COSTS

CONTACT NUALA @ 087 7637266

HEALTH, HAIR BEAUTY A STATE OF THE STATE O

BEL AMI HAIR STUDIO

Pearse Street, Kinsale

Rachel O'Brien

formerly of Toni+Guy, Kaizen, Origin & Kinsale. with Stylist Michelle Connolly



For appointments contact: 021 477 7337







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PFTS

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Individually Heated Kennels . Large outdoor exercise area Tel: 477 0919 - 086 392 3447 - 086 155 1541 NOW TAKING CHRISTMAS BOOKINGS! Don't forget to have your pet's vaccinations up to date! ... see your vet!

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Successful Candidate must hold a Fetac Level 7 Qualification in Montessori or Childcare

Contact Trish Ryan on 087-9475367 for further details.



HEF DE PART

FOR IMMEDIATE START IN OUR BUSY KITCHEN.

Previous experience in a similar position is desirable, ability to work within a team, fluent English & good communication skills are a must.

CVs to hr@bluehavenkinsale.com or drop in to reception.



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NOTICES

Mans 2000

DESIGNER ARTS, CRAFTS & LIFESTYLE FAIR







SUNDAY 2ND NOVEMBER
10.30am - 6pm
CELTIC ROSS HOTEL
ROSSCARBERY
'Gifts for all the family'
086 170 3635

TABLE QUIZ

Friday 7th November in the Huntsman Bar, Belgooly @ 8.00pm
Team of 4: €40 All Welcome

MIRACULOUS PRAYER

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it. Then in his merciful eyes it will become your favour, not mine, Amen.

Say this prayer for 3 days, promise publication and the favour will be granted, no matter how impossible. Never known to fail. K.C.

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The 40th annual tradition continues!

Scoil Naomh Eltin CHRISTMAS BAZAAR

Sunday, November 23rd

See you then!

Language School in France, Toulouse organising language travels in Ireland

is looking for

- Self-employed English Teachers living in Kinsale
- Host Families Host Teachers

Please contact: infobabelschool@gmail.com www.babelschool.fr

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CONFIDENTIAL ADVICE
AND SUPPORT
CONTACT TOM ON
085 872 5789





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GOOD CONDITION · €60

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ENGLISH CLASSES FOR AU PAIRS IN KINSALE

 $\begin{array}{c} \text{Contact Myriam Collins at ELTI Language School} \\ 023~884~4730 \end{array}$

Approved by Department of Education

SPECIAL YOGA CORK

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Email: specialyogacork@gmail.com

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by Native French Speaker in Kinsale & surrounding area.

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REASONABLE RATES
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087 7139744

Jim Daly TD Advice Clinic

Weekly Clinics at both Bandon & Clonakilty Offices. First Friday Clinics at the

Trident Hotel, Kinsale at 12.30pm. Clonakilty Office 023 8858770

Bandon Office 023 8843868

Please contact the office as times may vary.





HAPPY HALLOWE'EN

FRI 31st OCTOBER

Live Music.

BACCHUS NIGHTCLUB:

DJ Mark, 11.30pm.

BLUE HAVEN: Blue Fusion. FOLKHOUSE:

Fancy Dress Hallowe'en Party with King K, 10pm. **HAMLETS:**

Full Moon Party from 9.30pm with 96fm's DJ Ken Perrott. KINSALE HALLOWE'EN

PARADE:

4pm from Pier Road Park. **MANGOWEEN:**

Flipside Selekta, Fake Rolex, Gerry B and DCDJ at The Lord Kingsale, 9pm.

PET ESSENTIALS:

Trick for Treat

Promotion instore:

Barefoot Gypsies, Fancy Dress, 10.30pm.

WHITE HOUSE: Poc Ar Buile.

SAT 1st NOVEMBER

ACTONS HOTEL: Gina and The Champions, 7.30pm. ARMADA BAR: Live Music. BACCHUS NIGHTCLUB: DJ Sean. 11.30pm.

BLUE HAVEN:

Roaring Forties. **BULMAN**:

The Houndogs, 10pm..
FOLKHOUSE:

The Watermelons, 10pm. **HAMLETS**:

KINSALE GAA:

Underage AGM at 8pm, Temperance Hall.

LORD KINGSALE:

Barry Tierney & Band, with special guests 8.30pm.

SILENT BANJO: King K, 10.30pm.

WHITE HOUSE: The Reel Feel.

SUN 2nd NOVEMBER

BLUE HAVEN:

Darren & Friends, 9pm.

DESIGNER ARTS, CRAFTS

& LIFESTYLE FAIR:

Celtic Ross Hotel.

10.30am - 6pm.

FOLKHOUSE: King K. 9pm.

KINSALE & DOCK ROWING CLUB:

The Dock Slip from 12pm.

MON 3rd NOVEMBER BLUE HAVEN:

Mike O'Riordan, 9pm.

DALTONS BAR: Trad.

RHINO PRINT, DESIGN &

SIGN: Opening today at

Unit 1. Shearwater, Kinsale.

TUES 4th NOVEMBER

APERITIF: Baby Yoga Classes, 11am. BLUE HAVEN: Sonnie & Friends, 9pm. KINSALE BRIDGE CLUB: Trident Hotel, 7.30pm. Visitors welcome.

KINSALE JOBSEEKERS RESOURCE CENTRE:

Red Cross Centre, Church Lane. 10am - 12.30pm. PARENT, BABY &

TODDLER GROUP: Temperance Hall,

10am - 12 noon, all welcome.

RAMPART PLAYERS PRESENTS "ART": Actons Hotel, 8pm.

WED 5th NOVEMBER

ARMADA BAR:

Trad Session with
The Merry Stems, 8pm.
BLUE HAVEN:
Niall McCabe, 9pm.

KINSALE ART ACADEMY: New 6 week term starts. 3.30pm - 5pm at Louise McKeon's Kinsale Studio. KINSALE COLLEGE: The Wooden O Youth

Theatre workshops.
Age 12-15: 5.30pm-7pm.
Age 16-20: 7.30pm-9pm.
KINSALE YOUTH SUPPORT

SERVICES: Anti-Bullying Talk by Seán Fallon, Carlton Hotel at 7.30pm.

RAMPART PLAYERS PRESENTS "ART": Actons Hotel, 8pm.

THUR 6th NOVEMBER BLUE HAVEN:

Clem Buckley (Cadillac Cats) & Ben Dillon (King K), 9pm. K-CORD:

Be Active - Stay Active, 4 week programme. Actons, 2.30pm - 3.30pm.

RAMPART PLAYERS PRESENTS
"ART": Actons Hotel, 8pm.
WHITE HOUSE:

Shane & Friends, 9pm.

MARTIN RYAN WOULD LIKE TO INTRODUCE, OFFERING ALL OF OUR USUAL PRINT & DESIGN SERVICES AND MORE:

RHNO

PRINT, DESIGN & SIGN UNIT I SHEARWATER, KINSALE, CO. CORK



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- BOOKLETS
- NEWSLETTERS
- INVITATIONS
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NOVEMBER / DECEMBER OFFERS ON CALENDARS / CHRISTMAS CARDS / BUSINESS SETS

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